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## Some Extremal Problems Concerning the Operator $B_{\gamma}$


#### Abstract

Following [P2] we assign to each quasisymmetric automorphism $\boldsymbol{\gamma}$ of the unit circle T a linear homeomorphic self-mapping $\boldsymbol{B}_{\gamma}$ of a Hilbert space $\left(\boldsymbol{H},\|\cdot\|_{\boldsymbol{H}}\right)$. A complete solution to the following extremal problem is found: For which quasisymmetric automorphisms $\gamma$ of $\mathbf{T},\left\|\boldsymbol{B}_{\gamma}(\boldsymbol{f})\right\|_{\boldsymbol{H}}=$ $\sqrt{K^{\prime}(\gamma)}$ for some $f \in H$ with $\|f\|_{\boldsymbol{H}}=1$ ? Here $K^{\prime}(\gamma)$ stands for the maximal dilatation of an extremal quasiconformal extension of $\gamma$ to the unit disk. As an application a relation between the Schober constant $\lambda(\Gamma)$ of a quasicircle $\Gamma \subset \mathbb{C}$ and an extremal quasiconformal reflection in $\Gamma$ is established.


0. Introduction. Given a domain $\Omega$ in the extended complex plain $\hat{\mathbb{C}}:=$ $\mathbb{C} \cup\{\infty\}$ we denote by $H(\Omega)(A(\Omega))$ the class of all complex-valued harmonic (analytic) functions on $\Omega$. If a function $F: \Omega \rightarrow \mathbb{C}$ has partial derivatives for almost every (a.e. for short) $z=x+i y \in \Omega$ then the Dirichlet integral $\mathcal{D}_{\Omega}[F]$ of $F$ is defined by

$$
\begin{equation*}
\mathcal{D}_{\Omega}[F]:=\int_{\Omega}\left(\left|\partial_{x} F\right|^{2}+\left|\partial_{y} F\right|^{2}\right) d S=2 \int_{\Omega}\left(|\partial F|^{2}+|\bar{\partial} F|^{2}\right) d S \tag{0.1}
\end{equation*}
$$

[^0]where $d S:=d x d y$ and
\[

$$
\begin{gather*}
\partial_{x} F:=\frac{\partial F}{\partial x}, \partial_{y} F:=\frac{\partial F}{\partial y} \\
\partial F:=\frac{1}{2}\left(\partial_{x} F-i \partial_{y} F\right), \bar{\partial} F:=\frac{1}{2}\left(\partial_{x} F+i \partial_{y} F\right) . \tag{0.2}
\end{gather*}
$$
\]

The class $\dot{A}^{2}(\Omega):=\left\{F \in A(\Omega): \mathcal{D}_{\Omega}[F]<\infty\right\}$ is a closed subspace of the space $\dot{H}^{2}(\Omega):=\left\{F \in H(\Omega): \mathcal{D}_{\Omega}[F]<\infty\right\}$ in the pseudo-norm $\|F\|_{X}:=$ $\sqrt{\frac{1}{2} \mathcal{D}_{\Omega}[F]}, F \in X:=\dot{H}^{2}(\Omega)$.

Suppose $\Omega$ is bounded by a Jordan curve $\Gamma=\partial \Omega$. Given a function $F: \Omega \rightarrow \mathbb{C}$ we define for every $z \in \Gamma, \hat{\partial} F(z):=\lim _{\Omega \ni u \rightarrow z} F(u)$ provided the limit exists, while $\hat{\partial} F(z):=0$ otherwise. Write $\Delta:=\{z \in \mathbb{C}:|z|<1\}$ and $\mathbf{T}:=\{z \in \mathbb{C}:|z|=1\}$ for the unit disk and its boundary, respectively.

In case $\Omega=\Delta$ we will use the symbol $\partial_{r} F$ for the radial limiting values function of $F$, i.e. for every $z \in \mathrm{~T}, \partial F_{r}(z):=\lim _{t \rightarrow 1^{-}} F(t z)$ if the limit exists, while $\ddot{\partial}_{r} F(z):=0$ otherwise.

Given $K \geq 1$ we denote by $\mathbb{Q}_{\Delta}\left(K^{\prime}\right)$ the class of all $K$-quasiconformal ( $K$-qc. for brevity) self-mappings of $\Delta$, and let $\mathbb{Q}_{\Delta}:=\bigcup_{K \geq 1} \mathbb{Q}_{\Delta}(K)$. It is well known that every $\varphi \in \mathbb{Q}_{\Delta}$ has a continuous extension to $\mathbf{T}$ and $\hat{\partial} \varphi$ is a sense-preserving homeomorphic self-mapping of $\mathbf{T}$; cf. [LV, p. 42]. Due to Krzyż the class $\mathbb{Q}_{\mathbf{T}}:=\left\{\hat{\partial} \varphi: \varphi \in \mathbb{Q}_{\Delta}\right\}$ has a very simple characterization by means of quasisymmetric automorphisms of $\mathbf{T}$; cf. [K1] and [K2].

Another interesting characterization of the class $\mathbb{Q}_{\mathbf{T}}$ by quasihomographies was introduced by Zaja̧c; cf. [Z], see also [K3]. For $K \geq 1$, define $\mathbb{Q}_{\mathbf{T}}(K):=\left\{\hat{\partial} \varphi: \varphi \in \mathbb{Q}_{\mathbf{\Delta}}(K)\right\}$. Thus $\mathbb{Q}_{\mathbf{T}}\left(K^{\prime}\right)$ is the class of all quasisymmetric automorphisms of T which admit a $K$-qc. extension to $\Delta$. The functional $K[\varphi]:=\inf \left\{K \geq 1: \varphi \in \mathbb{Q}_{\Delta}\left(K^{\prime}\right)\right\}$ is the maximal dilatation of $\varphi$.

Analogously, for $\gamma \in \mathbb{Q}_{\mathbf{T}}$ we set $K(\gamma):=\inf \left\{K \geq 1: \gamma \in \mathbb{Q}_{\mathbf{T}}(K)\right\}$. In both definitions inf may be replaced by min because of the compactness of the class $\left\{\varphi \in \mathbb{Q}_{\Delta}(K): \hat{\partial} \varphi=\gamma\right\}$ in the uniform convergence topology on $\boldsymbol{\Delta}$; cf. [LV, p. 73]. Thus $K^{\prime}(\gamma)$ is the maximal dilatation of an extremal qc. extension $\varphi$ of $\gamma \in \mathbb{Q}_{\mathbf{T}}$ to $\Delta$; extremal means that $\varphi \in \mathbb{Q}_{\Delta}(K[\gamma])$. For $p \geq 1$, we adopt the usual notation $L^{p}(\mathbf{T})$ for the class of all functions $f: \mathbf{T} \rightarrow \mathbb{C}, p$-integrable on $\Gamma$ with respect to the Lebesgue arc-length measure, i.e. $\|f\|_{p}:=\left(\int_{\Gamma}|f(z)|^{p}|d z|\right)^{1 / p}<\infty$.

The notation $f \doteqdot g, f, g \in L^{1}(\mathbf{T})$, means that $f-g$ equals a constant almost everywhere (a.e. for brevity) on $\mathbf{T}$. It is clear that $\doteqdot$ is an equivalence relation in $L^{1}(\mathbf{T})$, and let $L^{1}(\mathbf{T}):=\left\{[f / \doteqdot]: f \in L^{1}(\mathbf{T})\right\}$ stand for the quotient space $L^{1}(\mathbf{T}) / \doteqdot$. Recall that for every $f \in L^{1}(\mathbf{T})$ and $z \in \Delta$ the

Schwarz and Poisson formulas read as

$$
\begin{equation*}
f_{\Delta}(z):=\frac{1}{2 \pi} \int_{\mathbf{T}} f(u) \frac{u+z}{u-z}|d u|=a_{0}(f)+\sum_{n=1}^{\infty} a_{n}(f) z^{n} \tag{0.3}
\end{equation*}
$$

$$
\begin{equation*}
\mathcal{P}[f](z):=\frac{1}{2 \pi} \int_{\mathbf{T}} f(u) \operatorname{Re} \frac{u+z}{u-z}|d u| \tag{0.4}
\end{equation*}
$$

where

$$
\begin{align*}
& a_{0}(f):=\frac{1}{2 \pi} \int_{\mathbf{T}} f(u)|d u|,  \tag{0.5}\\
& a_{n}(f):=\frac{1}{\pi} \int_{\mathbf{T}} \bar{u}^{n} f(u)|d u|, \quad n=1,2, \ldots
\end{align*}
$$

Obviously, for every $f \in L^{1}(\mathbf{T}), f_{\Delta} \in A(\Delta)$ and $\mathcal{P}[f] \in H(\Delta)$. According to the Poisson integral properties, for each $f \in L^{1}(\mathbf{T})$ we have $\hat{\partial}_{r} \mathcal{P}[f]=f$ a.e. on T ; cf. [Du, p. 5], [R, Sect. 11.12]. Therefore, the operator $\mathcal{S}_{0}$ : $L^{1}(\mathbf{T}) \rightarrow L^{1}(\mathbf{T})$,

$$
\mathcal{S}_{0}([f / \doteqdot]):=\hat{\partial}_{r} \mathcal{P}[f]-\mathcal{P}[f](0), \quad f \in L^{1}(\mathbf{T}),
$$

is a selector on the quotient space $L^{1}(\mathrm{~T})$. We call it the Poisson selector.
Consider the class $\dot{H}^{2}(\partial \Delta):=\left\{f \in L^{1}(\mathbf{T}): \mathcal{P}[f] \in \dot{H}^{2}(\boldsymbol{\Delta})\right\}$, and define the quotient space

$$
\boldsymbol{H}:=\operatorname{Re} \dot{I}^{2}(\partial \Delta) / \doteqdot=\left\{\boldsymbol{f} \in \boldsymbol{L}^{1}(\mathbf{T}): \mathcal{S}_{0}(\boldsymbol{f}) \in \operatorname{Re} \dot{H}^{2}(\partial \Delta)\right\} .
$$

Here and subsequently, $\operatorname{Re} X:=\{\operatorname{Re} f: f \in X\}$ for any space $X$ of complexvalued functions. If $f \in \operatorname{Re} \dot{H}^{2}(\partial \Delta)$ then, by (0.3) and (0.5), we get

$$
\begin{aligned}
\|f\|_{2}^{2} & =2 \pi\left|f_{\Delta}(0)\right|^{2}+\pi \sum_{n=1}^{\infty}\left|a_{n}(f)\right|^{2} \leq 2 \pi\left|a_{0}(f)\right|^{2}+\pi \sum_{n=1}^{\infty} n\left|a_{n}(f)\right|^{2} \\
& =2 \pi\left|a_{0}(f)\right|^{2}+\int_{\Delta}\left|\left(f_{\Delta}\right)^{\prime}\right|^{2} d S<\infty,
\end{aligned}
$$

so that $f \in L^{2}(\mathbf{T})$. Therefore, $\left(\boldsymbol{H},\|\cdot\|_{\boldsymbol{H}}\right)$ is a real Hilbert space, where

$$
\begin{equation*}
2\|f\|_{H}^{2}:=\mathcal{D}\left[\mathcal{P}\left[\mathcal{S}_{0}(f)\right]\right]=\int_{\Delta}\left|\left(\mathcal{S}_{0}(\boldsymbol{f})_{\Delta}\right)^{\prime}\right|^{2} d S \tag{0.6}
\end{equation*}
$$

For brevity we shall write $\mathcal{D}[F]$ for the Dirichlet integral $\mathcal{D}_{\Delta}[F]$. We denote by $\mathbb{P}$ the set of all complex polynomials. For a non-empty set $K \subset \mathbb{C}$, let $\mathbb{P}(K):=\left\{P_{\mid K}: P \in \mathbb{P}\right\}$. From (0.3), (0.5) and (0.6) it follows, in the standard way, that
$(0.7) \mathcal{S}_{0}(\boldsymbol{H}) \subset \operatorname{Re} L^{2}(\mathbf{T})$;
(0.8) $\left\|\mathcal{S}_{0}(\boldsymbol{f})\right\|_{2} \leq \sqrt{2}\|\boldsymbol{f}\|_{\boldsymbol{H}}, \boldsymbol{f} \in \boldsymbol{H}$;
(0.9) $\left\{\boldsymbol{f}: \mathcal{S}_{0}(\boldsymbol{f}) \in \operatorname{Re} \mathbb{P}(\mathrm{T})\right\}$ is a dense subspace of $\boldsymbol{H}$;
cf. [P6, Thm. 2.4.8] and [P5, Thm. 1.2]. Moreover, we can show that for every $F \in \dot{A}^{2}(\Delta), F$ belongs to the Hardy class $\mathbf{H}^{2}$, and so
(0.10) $F=\left(\operatorname{Re} \hat{\partial}_{r} F\right)_{\Delta}+i \operatorname{Im} F(0)$ and $\operatorname{Re} \hat{\partial}_{r} F \in \operatorname{Re} \dot{H}^{2}(\partial \Delta) ;$
(0.11) $2\left\|\left[\operatorname{Re} \hat{\partial}_{r} F / \doteqdot\right]\right\|_{H}^{2}=\mathcal{D}\left[\mathcal{P}\left[\operatorname{Re} \hat{\partial}_{r} F\right]\right]=\int_{\Delta}\left|\left((\operatorname{Re} \partial F)_{\Delta}\right)^{\prime}\right|^{2} d S$;
cf. [P6, Thm. 2.4.4]. We adopt the usual notation $C(K)$ for the class of all complex-valued continuous functions on a set $K \neq \emptyset$. From Lemma 1.1 and (0.9) it follows that there exists a unique linear bounded operator $\boldsymbol{B}_{\gamma}: \boldsymbol{H} \rightarrow \boldsymbol{H}$ satisfying

$$
\begin{equation*}
\boldsymbol{B}_{\gamma}([f / \doteqdot])=[f \circ \gamma / \doteqdot], \quad f \in \operatorname{Re} C(\mathbf{T}) \cap \dot{H}^{2}(\partial \Delta) \tag{0.12}
\end{equation*}
$$

Let $\|\boldsymbol{T}\|$ stand for the supremum norm of a linear operator $\boldsymbol{T}: \boldsymbol{H} \rightarrow \boldsymbol{H}$, i.e. $\|\boldsymbol{T}\|:=\sup \left\{\|\boldsymbol{T}(\boldsymbol{f})\|_{\boldsymbol{H}}: \boldsymbol{f} \in \boldsymbol{H}\right.$ and $\left.\|\boldsymbol{f}\|_{\boldsymbol{H}} \leq 1\right\}$. Following [BS] we will use the notation $\dot{\varphi}$ for the inverse mapping to a complex-valued mapping $\varphi$ if it exists. By definition and by Theorem 1.2 we easily find that for any $\gamma, \sigma \in \mathbb{Q}_{\mathbf{T}}$
(0.13) $\left\|\boldsymbol{B}_{\gamma}\right\| \leq \sqrt{K(\gamma)}$;
(0.14) $\boldsymbol{B}_{\gamma \circ \sigma}=\boldsymbol{B}_{\sigma} \boldsymbol{B}_{\gamma}$;
(0.15) $B_{\dot{\gamma}}=B_{\gamma}^{-1}$;
(0.16) $B_{\mathrm{id}_{T}}=\mathrm{I}$,
where $\mathrm{id}_{\mathbf{T}}: \mathbf{T} \rightarrow \mathbf{T}$ and I: $\boldsymbol{H} \rightarrow \boldsymbol{H}$ are identity mappings; cf. [P6, Corollary 2.5.4] and [P2, Lemma 1.1]. The properties (0.13) and (0.15) say that the operator $\boldsymbol{B}_{\boldsymbol{\gamma}}$ is a linear homeomorphism of $\boldsymbol{H}$ onto itself. Moreover, it turns out that

$$
\boldsymbol{B}_{\gamma}(\boldsymbol{f})=\left[\mathcal{S}_{0}(\boldsymbol{f}) \circ \gamma / \doteqdot\right], \quad \boldsymbol{f} \in \boldsymbol{H}, \boldsymbol{\gamma} \in \mathbb{Q}_{\mathbf{T}} ;
$$

cf. [P6, formula (2.5.8)]. However, we will not use this fact in the sequel. In what follows we list four natural questions involving the supremum norm of the operator $\boldsymbol{B}_{\gamma}$.

Question 0.1. For which $\gamma \in \mathbb{Q}_{\mathbf{T}},\left\|\boldsymbol{B}_{\gamma}\right\|=\sqrt{K(\gamma)}$ ?
Question 0.2. For which $\gamma \in \mathbb{Q}_{\mathbf{T}}$, does there exist $\boldsymbol{f} \in H$ with $\|\boldsymbol{f}\|_{\boldsymbol{H}}=1$ such that $\left\|\boldsymbol{B}_{\gamma}(\boldsymbol{f})\right\|=\left\|\boldsymbol{B}_{\gamma}\right\|$ ? This question may be formulated equivalently: When $\left\|\boldsymbol{B}_{\gamma}\right\|=\max \left\{\left\|\boldsymbol{B}_{\gamma}(\boldsymbol{f})\right\|_{\boldsymbol{H}}: \boldsymbol{f} \in \boldsymbol{H}\right.$ and $\left.\|\boldsymbol{f}\|_{\boldsymbol{H}} \leq 1\right\}$ ?

Question 0.3. For which $\gamma \in \mathbb{Q}_{\mathrm{T}},\left\|\boldsymbol{B}_{\gamma}(\boldsymbol{f})\right\|_{\boldsymbol{H}}=\sqrt{K(\gamma)}$ for some $\boldsymbol{f} \in \boldsymbol{H}$ with $\|f\|_{\boldsymbol{H}}=1$ ?

Question 0.4. Does there exist a constant $c>0$ such that for every $\gamma \in \mathbb{Q}_{\mathbf{T}},\left\|\boldsymbol{B}_{\gamma}\right\|-1 \geq c\left(\sqrt{K^{\prime}(\gamma)}-1\right)$ ?

In the next section we give a complete answer to the Question 0.3. In Section 2 we show that for some $\gamma \in \mathbb{Q}_{\mathbf{T}},\left\|\boldsymbol{B}_{\gamma}\right\|$ may be expressed by
the smallest positive eigenvalue $\lambda_{*}(\gamma)$ of $\gamma$. The results obtained there are helpful in the next section. It turns out that the supremum norms $\left\|\boldsymbol{B}_{\gamma}\right\|$ and $\left\|\boldsymbol{B}_{\gamma}^{-1}\right\|$ are related to the Schober constant $\lambda(\Gamma)$ of a certain quasicircle $\Gamma \subset \mathbb{C}$ whose welding homeomorphism is $\gamma \in \mathbb{Q}_{\mathbf{T}}$; cf. Lemma 3.1. Thus the study of the Schober constant $\lambda(\Gamma)$ can be reduced to the study of norms $\left\|\boldsymbol{B}_{\gamma}\right\|$ and $\left\|\boldsymbol{B}_{\gamma}^{-1}\right\|$, which seems to be easier in some cases. As applications we present a few results in Section 3. The norm $\left\|\boldsymbol{B}_{\gamma}\right\|$ is also closely related to the Grunsky-Kühnau constant $\kappa$ (cf. [Kü1, p. 383]) for a respective Grunsky matrix associated with $\gamma$. However, this topic will be studied in a forthcoming publication. This justifies studying the norm $\left\|\boldsymbol{B}_{\gamma}\right\|$. In the last section we give some comments to our subject.

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1. The main result. It is easily verified that

$$
\left|a_{1} b_{1}+a_{2} b_{2}\right|^{2}+\left|a_{1} \overline{b_{2}}+a_{2} \overline{b_{1}}\right|^{2} \leq\left(\left|a_{1}\right|^{2}+\left|a_{2}\right|^{2}\right)\left(\left|b_{1}\right|+\left|b_{2}\right|\right)^{2}
$$

for any $a_{1}, a_{2}, b_{1}, b_{2} \in \mathbb{C}$. The change of variables formula now shows that for all $F \in \dot{H}^{2}(\Delta), K \geq 1$ and $\varphi \in \mathbb{Q}_{K}(\Delta)$

$$
\begin{align*}
& \mathcal{D}_{\Delta}[F \circ \varphi]=2 \int_{\Delta}\left(|\partial(F \circ \varphi)|^{2}+|\bar{\partial}(F \circ \varphi)|^{2}\right) d S  \tag{1.1}\\
& \leq 2 \int_{\Delta}\left(|\partial F \circ \varphi|^{2}+|\bar{\partial} F \circ \varphi|^{2}\right)(|\partial \varphi|+|\bar{\partial} \varphi|)^{2} d S \\
& \leq 2 K[\varphi] \int_{\Delta}\left(|\partial F \circ \varphi|^{2}+|\bar{\partial} F \circ \varphi|^{2}\right)\left(|\partial \varphi|^{2}-|\bar{\partial} \varphi|^{2}\right) d S \\
& =2 K[\varphi] \int_{\Delta}\left(|\partial F|^{2}+|\bar{\partial} F|^{2}\right) d S=K[\varphi] \mathcal{D}_{\Delta}[F] .
\end{align*}
$$

This means that the Dirichlet integral is quasi-invariant; cf. e.g. [A1, p. 18].
Lemma 1.1. Given $K \geq 1$ assume that $\varphi \in \mathbb{Q}_{K}(\Delta)$. Then for all functions $F \in \operatorname{Re} \mathbb{P}$ and $P \in \operatorname{Re} \dot{H}^{2}(\Delta), G:=\mathcal{P}[\hat{\partial}(F \circ \varphi)] \in \operatorname{Re} \dot{H}^{2}(\Delta)$ and

$$
\begin{equation*}
\mathcal{D}[F \circ \varphi-G+P]=\mathcal{D}[F \circ \varphi-G]+\mathcal{D}[P] \tag{1.2}
\end{equation*}
$$

In particular,

$$
\begin{equation*}
\mathcal{D}[G]=\mathcal{D}[F \circ \varphi]-\mathcal{D}[F \circ \varphi-G] \leq \kappa^{\prime} \mathcal{D}[F] . \tag{1.3}
\end{equation*}
$$

Proof. Suppose $K, \varphi, F$ and $P$ satisfy the assumptions of our lemma and set $\gamma:=\hat{\partial} \varphi$. The proof will be divided into two parts.

Part I. We first prove the lemma under the assumption that $G \in \dot{H}^{2}(\boldsymbol{\Delta})$. Since the class $\operatorname{Re} \mathbb{P}(\boldsymbol{\Delta})$ is dense in $\operatorname{Re} \dot{H}^{2}(\Delta)$, there exists a sequence $P_{n} \in \operatorname{Re} \mathbb{P}, n \in \mathbf{N}$, such that

$$
\begin{equation*}
\mathcal{D}\left[P_{n}-P\right] \rightarrow 0, \quad n \rightarrow \infty . \tag{1.4}
\end{equation*}
$$

For $z \in \hat{\mathbb{C}}$ define $\tilde{\varphi}(z):=\varphi(z)$ if $z \in \Delta, \tilde{\varphi}(z):=\gamma(z)$ if $z \in \mathbf{T}$ and $\tilde{\varphi}(z):=1 / \overline{\varphi(1 / \bar{z})}$ if $z \in \mathbb{C} \backslash \bar{\Delta}$. By the reflection principle for qc. mappings (see for instance [LV, p. 47]), $\bar{\varphi}$ is a qc. self-mapping of the extended complex plane $\hat{\mathbb{C}}$. For every $t \in \mathbb{R}$ the set

$$
\ell_{\xi}(t):=\{z \in \mathbb{C}: \operatorname{Re}(z-t \xi) \bar{\xi}=0\}, \quad \xi \in \mathbb{C} \backslash\{0\},
$$

is the straight line passing through the point $t \xi$ and orthogonal to the straight line $\{s \xi: s \in \mathbb{R}\}$. Since $\tilde{\varphi}$ has the ACL-property (for the definition cf. e.g. [LV, p. 127 and 162]), it is absolutely continuous on almost every chord parallel to either of the coordinate axes, i.e. $\tilde{\varphi}$ is absolutely continuous on $\ell_{\xi}(t) \cap \Delta$ for a.e. $t \in[-1,1], \xi=1, i$. By definition, $\partial G=F \circ \gamma$, and so $\hat{\partial}(F \circ \varphi-G)=0$ on $\mathbf{T}$. Moreover, by our assumption, $\mathcal{D}[G]<\infty$, so that for almost every $y \in[-1,1]$ and $x \in[-1,1]$

$$
\int_{\Delta \cap \ell_{i}(y)}\left|\partial_{x}(F \circ \varphi-G)\right|<\infty \quad \text { and } \int_{\Delta \cap \ell_{1}(x)}\left|\partial_{y}(F \circ \varphi-G)\right|<\infty
$$

Fix $n \in \mathbf{N}$. We may now integrate by parts to conclude that for a. e. $y \in[-1,1]$

$$
\int_{\Delta \cap \ell_{i}(y)} \partial_{x}(F \circ \varphi-G) \partial_{x} P_{n} d x=-\int_{\Delta \cap \ell_{i}(y)}(F \circ \varphi-G) \partial_{x x}^{2} P_{n} d x
$$

and for a.e. $x \in[-1,1]$

$$
\int_{\Delta \cap \ell_{1}(x)} \partial_{y}(F \circ \varphi-G) \partial_{y} P_{n} d x=-\int_{\Delta \cap \ell_{1}(x)}(F \circ \varphi-G) \partial_{y y}^{2} P_{n} d x,
$$

where $\partial_{x x}^{2}:=\partial_{x} \partial_{x}$ and $\partial_{y y}^{2}:=\partial_{y} \partial_{y}$. Fubini's theorem then implies

$$
\begin{aligned}
& \int_{\Delta}\left(\partial_{x}(F \circ \varphi-G) \partial_{x} P_{n}+\partial_{y}(F \circ \varphi-G) \partial_{y} P_{n}\right) d S \\
& =\int_{-1}^{1}\left(\int_{\Delta \cap \ell_{i}(y)} \partial_{x}(F \circ \varphi-G) \partial_{x} P_{n} d x\right) d y \\
& +\int_{-1}^{1}\left(\int_{\Delta \cap \ell_{1}(x)} \partial_{y}(F \circ \varphi-G) \partial_{y} P_{n} d y\right) d x \\
& =-\int_{-1}^{1}\left(\int_{\Delta \cap \ell_{1}(y)}(F \circ \varphi-G) \partial_{x x}^{2} P_{n} d x\right) d y \\
& -\int_{-1}^{1}\left(\int_{\Delta \cap \ell_{1}(x)}(F \circ \varphi-G) \partial_{y y}^{2} P_{n} d y\right) d x \\
& =-\int_{\Delta}(F \circ \varphi-G)\left(\partial_{x x}^{2} P_{n}+\partial_{y y}^{2} P_{n}\right) d S=0
\end{aligned}
$$

because $P_{n}$ is a harmonic function on $\Delta$. Hence

$$
\begin{aligned}
& \mathcal{D}\left[F \circ \varphi-G+P_{n}\right]=\mathcal{D}[F \circ \varphi-G]+\mathcal{D}\left[P_{n}\right] \\
& +2 \int_{\Delta}\left(\partial_{x}(F \circ \varphi-G) \partial_{x} P_{n}+\partial_{y}(F \circ \varphi-G) \partial_{y} P_{n}\right) d S \\
& =\mathcal{D}[F \circ \varphi-G]+\mathcal{D}\left[P_{n}\right]
\end{aligned}
$$

A passage to the limit now implies, by (1.4), that

$$
\begin{aligned}
& \mathcal{D}[F \circ \varphi-G+P]=\lim _{n \rightarrow \infty} \mathcal{D}\left[F \circ \varphi-G+P_{n}\right] \\
&=\mathcal{D}[F \circ \varphi-G]+\lim _{n \rightarrow \infty} \mathcal{D}\left[P_{n}\right]=\mathcal{D}[F \circ \varphi-G]+\mathcal{D}[P]
\end{aligned}
$$

and this is precisely the equality (1.2). Setting $P:=G$ in (1.2) we obtain the equality in (1.3). The inequality in (1.3) follows from (1.1).

Part II. We complete the proof by showing the first part of our assertion, i.e. we prove that $G$ always belongs to $\dot{H}^{2}(\Delta)$. Let $\mathbb{A}_{\mathbf{T}}$ be the class of all homeomorphisms $\sigma: \mathbf{T} \rightarrow \mathbf{T}$ which have a conformal extension to some open annulus containing $\mathbf{T}$. It is easy to check that each $\sigma \in \mathbb{A}_{\mathbf{T}}$ is a quasisymmetric automorphism of $\mathbf{T}$, so that $\mathbb{A}_{\mathbf{T}} \subset \mathbb{Q}_{\mathbf{T}}$. The inclusion follows immediately also from the Fehlmann characterization of the class $\mathbb{Q}_{\mathbf{T}} ;$ cf. [F1, Thm. 3.1] and [F2]. It turns out that there exist a constant $K^{*} \geq 1$ and a sequence $\gamma_{n} \in \mathbb{A}_{\mathbf{T}} \cap \mathbb{Q}_{\mathbf{T}}\left(K^{*}\right), n \in \mathbb{N}$, satisfying

$$
\begin{equation*}
\lim _{n \rightarrow \infty} \gamma_{n}(z)=\gamma(z), \quad z \in \mathbf{T} \tag{1.5}
\end{equation*}
$$

cf. [P6, Lemma 3.1.3] and [P5, Thm. 2.1]. For $n \in \mathrm{~N}$ define $G_{n}:=\mathcal{P}\left[F \circ \gamma_{n}\right]$. Fix $n \in \mathrm{~N}$. It is easily seen from the Douglas formula that $\mathcal{D}\left[G_{n}\right]<\infty$; cf. [D] and [A2, Thm. 2-5, p. 32]. However, this can be obtained in a more direct way as below. Integrating by parts we have for each $k \in \mathbf{N}$

$$
\begin{aligned}
a_{k}: & =\frac{1}{\pi} \int_{\mathbf{T}} F \circ \gamma_{n}(u) \bar{u}^{k}|d u|=\frac{1}{\pi} \int_{0}^{2 \pi} F \circ \gamma_{n}\left(e^{i t}\right) e^{-i k t} d t \\
& =-\frac{1}{\pi k^{2}} \int_{0}^{2 \pi} e^{-i k t} \frac{d^{2}}{d t^{2}} F \circ \gamma_{n}\left(e^{i t}\right) d t
\end{aligned}
$$

Hence

$$
\begin{aligned}
\mathcal{D}\left[G_{n}\right] & =\int_{\Delta}\left|\left(\left(F \circ \gamma_{n}\right)_{\Delta}\right)^{\prime}\right|^{2} d S=\pi \sum_{k=1}^{\infty} k\left|a_{k}\right|^{2} \\
& \leq 4 \pi\left(\max _{0 \leq t \leq 2 \pi}\left|\frac{d^{2}}{d t^{2}} F \circ \gamma_{n}\left(e^{i t}\right)\right|\right)^{2} \sum_{k=1}^{\infty} \frac{1}{k^{3}}<\infty
\end{aligned}
$$

and we can use Part I to obtain

$$
\begin{equation*}
\mathcal{D}\left[G_{n}\right] \leq K^{*} \mathcal{D}[F] . \tag{1.6}
\end{equation*}
$$

From (1.5) it follows that $\gamma_{n}$ is uniformly convergent to $\gamma$, and consequently for every $z \in \Delta, \lim _{n \rightarrow \infty} \partial G_{n}(z)=\partial G(z)$ and $\lim _{n \rightarrow \infty} \bar{\partial} G_{n}(z)=\bar{\partial} G(z)$. Then (1.6) shows, by Fatou's lemma, that $\mathcal{D}[G] \leq \liminf _{n \rightarrow \infty} \mathcal{D}\left[G_{n}\right] \leq$ $K^{*} \mathcal{D}[F]<\infty$, which is our claim. Combining Parts I and II yields the assertion of the lemma.

Theorem 1.2. Given $\gamma \in \mathbb{Q}_{T}$ assume that $\varphi$ is its qc. extension to $\Delta$. Then for every $f \in \boldsymbol{H}$

$$
\begin{equation*}
2\left\|\boldsymbol{B}_{\gamma}(\boldsymbol{f})\right\|_{\boldsymbol{H}}^{2}=\mathcal{D}[F \circ \varphi]-\mathcal{D}[F \circ \varphi-G] \tag{1.7}
\end{equation*}
$$

where $F:=\mathcal{P}\left[\mathcal{S}_{0}(\boldsymbol{f})\right]$ and $G:=\mathcal{P}\left[\mathcal{S}_{0} \boldsymbol{B}_{\gamma}(\boldsymbol{f})\right]$. In particular,

$$
\begin{equation*}
\left\|\boldsymbol{B}_{\gamma}(\boldsymbol{f})\right\|_{\boldsymbol{H}} \leq \sqrt{K^{\prime}(\gamma)}\|\boldsymbol{f}\|_{\boldsymbol{H}} . \tag{1.8}
\end{equation*}
$$

Proof. Suppose $\gamma$ and $\varphi$ are as in the assumption and fix $\boldsymbol{f} \in \boldsymbol{H}$. By (0.9) there exists a sequence $\boldsymbol{f}_{n}:=\left[f_{n} / \doteqdot\right], f_{n} \in \operatorname{Re} \mathbb{P}(\mathbf{T}), n \in \mathbf{N}$, such that

$$
\begin{equation*}
\left\|\boldsymbol{f}-\boldsymbol{f}_{n}\right\|_{\boldsymbol{H}} \rightarrow 0 \quad \text { as } n \rightarrow \infty \tag{1.9}
\end{equation*}
$$

Then, by continuity,

$$
\begin{equation*}
\left\|\boldsymbol{B}_{\gamma}(\boldsymbol{f})-\boldsymbol{B}_{\gamma}\left(\boldsymbol{f}_{n}\right)\right\|_{\boldsymbol{H}} \rightarrow 0 \text { as } n \rightarrow \infty \tag{1.10}
\end{equation*}
$$

For $n \in \mathbf{N}$ set $F_{n}:=\mathcal{P}\left[f_{n}\right]$ and $G_{n}:=\mathcal{P}\left[f_{n} \circ \gamma\right]$. From (1.10) and (0.12) it follows that

$$
\begin{equation*}
2\left\|\boldsymbol{B}_{\gamma}(\boldsymbol{f})\right\|_{\boldsymbol{H}}^{2}=2 \lim _{n \rightarrow \infty}\left\|\boldsymbol{B}_{\gamma}\left(\boldsymbol{f}_{n}\right)\right\|_{\boldsymbol{H}}^{2}=\lim _{n \rightarrow \infty} \mathcal{D}\left[G_{n}\right] . \tag{1.11}
\end{equation*}
$$

By (1.1), (1.9), (0.6) and the Minkowski inequality we have

$$
\left.\begin{array}{l}
\left|\mathcal{D}[F \circ \varphi]^{1 / 2}-\mathcal{D}\left[F_{n} \circ \varphi\right]^{1 / 2}\right| \leq \mathcal{D}\left[F \circ \varphi-F_{n} \circ \varphi\right]^{1 / 2}=\mathcal{D}\left[\left(F-F_{n}\right) \circ \varphi\right]^{1 / 2} \\
\leq \sqrt{K}[\varphi] \\
\mathcal{D}
\end{array}\left(F-F_{n}\right)\right]^{1 / 2}=\sqrt{2 K[\varphi]}\left\|f-f_{n}\right\|_{H} \rightarrow 0 \text { as } n \rightarrow \infty,
$$

and consequently

$$
\begin{equation*}
\lim _{n \rightarrow \infty} \mathcal{D}\left[F_{n} \circ \varphi\right]=\mathcal{D}[F \circ \varphi] \tag{1.12}
\end{equation*}
$$

In the similar way we show that

$$
\begin{aligned}
&\left|\mathcal{D}[F \circ \varphi-G]^{1 / 2}-\mathcal{D}\left[F_{n} \circ \varphi-G_{n}\right]^{1 / 2}\right| \leq \mathcal{D}\left[F \circ \varphi-F_{n} \circ \varphi+G_{n}-G\right]^{1 / 2} \\
& \leq \mathcal{D}\left[\left(F-F_{n}\right) \circ \varphi\right]^{1 / 2}+\mathcal{D}\left[G-G_{n}\right]^{1 / 2} \\
& \leq \sqrt{2 K[\varphi]}\left\|f-f_{n}\right\|_{H}+\sqrt{2}\left\|\boldsymbol{B}_{\gamma}(f)-B_{\gamma}\left(f_{n}\right)\right\|_{H} \rightarrow 0 \quad \text { as } n \rightarrow \infty
\end{aligned}
$$

and so

$$
\begin{equation*}
\lim _{n \rightarrow \infty} \mathcal{D}\left[F_{n} \circ \varphi-G_{n}\right]=\mathcal{D}[F \circ \varphi-G] \tag{1.13}
\end{equation*}
$$

From Lemma 1.1 we conclude that for every $n \in \mathrm{~N}, \mathcal{D}\left[G_{n}\right]=\mathcal{D}\left[F_{n} \circ \varphi\right]-$ $\mathcal{D}\left[F_{n} \circ \varphi-G_{n}\right]$. Combining this with (1.11), (1.12) and (1.13) we obtain (1.7). It is a well known fact that for any $K \geq 1$ the class $\left\{\varphi \in \mathbb{Q}_{\Delta}(K): \partial \varphi=\gamma\right\}$ is compact in the uniform convergence topology on $\Delta_{\text {i }}$ cf. e.g. [LV, p. 73]. Therefore there exists an extremal $K(\gamma)$-qc. extension $\psi$ of $\gamma$ to $\Delta$. Setting $\varphi:=\psi$ in (1.7) yields (1.8).

We recall that a qc. self-mapping $\psi$ of $\Delta$ is said to be a regular Te ichmüller mapping if there exists a non-zero function $F \in A(\Delta)$ and a constant $k, 0 \leq k<1$, such that the complex dilatation of $\psi$ is of the form

$$
\begin{equation*}
\frac{\bar{\partial} \psi}{\partial \psi}=k \frac{\bar{F}}{|F|} \quad \text { a.e. on } \Delta \tag{1.14}
\end{equation*}
$$

We are now in a position to answer the Question 0.3.

Theorem 1.3. Let $\gamma \in \mathbb{Q}_{\mathbf{T}}$ and let $0 \leq k<1$. If $\boldsymbol{f} \in \boldsymbol{H}$ satisfies $\|\boldsymbol{f}\|_{\boldsymbol{H}}>0$ and if $\gamma$ admits a regular qc. Teichmüller extension $\psi$ to $\Delta$ with the complex dilatation

$$
\begin{equation*}
\frac{\bar{\partial} \psi}{\partial \psi}=k \frac{\overline{\left(\mathcal{S}_{0}(\boldsymbol{f})_{\Delta}\right)^{\prime}}}{\left(\mathcal{S}_{0}(\boldsymbol{f})_{\Delta}\right)^{\prime}} \quad \text { a.e. on } \Delta \tag{1.15}
\end{equation*}
$$

then there exists $\boldsymbol{g} \in \boldsymbol{H}$ such that $\|\boldsymbol{g}\|_{\boldsymbol{H}}=1$ and

$$
\begin{equation*}
\left\|\boldsymbol{B}_{\gamma}(\boldsymbol{g})\right\|_{\boldsymbol{H}}^{2}=\boldsymbol{K}(\gamma)=\frac{1+k}{1-k} \tag{1.16}
\end{equation*}
$$

In particular, $\left\|\boldsymbol{B}_{\gamma}\right\|=\sqrt{K(\gamma)}$.
Conversely, if $\boldsymbol{g} \in \boldsymbol{H}$ and $k$ satisfy $\|\boldsymbol{g}\|_{\boldsymbol{H}}=1$ and (1.16), then $\gamma$ admits a regular $q c$. Teichmüller extension $\psi$ to $\Delta$ with the complex dilatation (1.15), where $\boldsymbol{f}:=\boldsymbol{B}_{\gamma}(\boldsymbol{g})$. Moreover, $\psi$ is uniquely extremal.

Proof. Assume $\gamma \in \mathbb{Q}_{\mathbf{T}}$ admits a qc. extension $\psi$ to $\Delta$ with the complex dilatation (1.15). Let $F:=\mathcal{S}_{0}(\boldsymbol{f})_{\Delta}$ and $G: \Delta \rightarrow \mathbb{C}$ be a function satisfying the equation

$$
\begin{equation*}
(1-k) G \circ \psi=k \bar{F}+F \tag{1.17}
\end{equation*}
$$

Differentiating both sides of this equality we get

$$
\begin{aligned}
& (\partial G) \circ \psi \partial \psi+(\bar{\partial} G) \circ \psi \partial \bar{\psi}=(1-k)^{-1} F^{\prime} \\
& (\partial G) \circ \psi \bar{\partial} \psi+(\bar{\partial} G) \circ \psi \bar{\partial} \bar{\psi}=(1-k)^{-1} k \overline{F^{\prime}}
\end{aligned}
$$

Since $\partial \psi \bar{\partial} \bar{\psi}-\bar{\partial} \psi \partial \bar{\psi}=\partial \psi \overline{\partial \psi}-\bar{\partial} \psi \bar{\partial} \psi=|\partial \psi|^{2}-|\bar{\partial} \psi|^{2}>0$ a.e. on $\boldsymbol{\Delta}$, (1.15) shows that $\bar{\partial} G=0$ a.e. on $\Delta$. In this way the function $G$ is analytic on $\boldsymbol{\Delta}$; cf. [A1, p. 33]. Moreover, by (1.1) we have

$$
\begin{aligned}
& 2(1-k)^{2} \int_{\Delta}\left|G^{\prime}\right|^{2} d S=\mathcal{D}[(1-k) G]=\mathcal{D}[(k \bar{F}+F) \circ \check{\psi}] \\
& \leq K[\tilde{\psi}] \mathcal{D}[k \bar{F}+F]=2 K[\psi]\left(1+k^{2}\right) \int_{\Delta}\left|F^{\prime}\right|^{2} d S<\infty
\end{aligned}
$$

Thus $G \in \dot{A}^{2}(\Delta)$ and, by the definition of $\boldsymbol{H}$, there exists $\boldsymbol{g} \in \boldsymbol{H}$ such that $G-G(0)=\mathcal{S}_{0}(\boldsymbol{g})_{\Delta}$. By (0.9) there exists a sequence $\boldsymbol{g}_{n} \in \boldsymbol{H}, n \in \mathrm{~N}$, such that $g_{n}:=\mathcal{S}_{0}\left(\boldsymbol{g}_{n}\right) \in \operatorname{Re} \mathbb{P}(\mathbf{T})$ and

$$
\begin{equation*}
\left\|\boldsymbol{g}-\boldsymbol{g}_{n}\right\|_{\boldsymbol{H}} \rightarrow 0 \quad \text { as } n \rightarrow \infty \tag{1.18}
\end{equation*}
$$

From (1.17) we see that $G \circ \psi \in \dot{H}^{2}(\Delta)$, so that

$$
\begin{equation*}
\operatorname{Re} G \circ \psi=\mathcal{P}\left[\mathcal{S}_{0}(\boldsymbol{h})\right]+c \tag{1.19}
\end{equation*}
$$

for some $\boldsymbol{h} \in \boldsymbol{H}$ and $c \in \mathbb{R}$. Moreover, from Lemma 1.1, (1.1), (0.6) and (1.18) it follows that
(1.20)

$$
\begin{aligned}
& 2\left\|\boldsymbol{h}-\boldsymbol{B}_{\gamma}\left(\boldsymbol{g}_{n}\right)\right\|_{\boldsymbol{H}}^{2}=\mathcal{D}\left[\operatorname{Re} G \circ \psi-\mathcal{P}\left[g_{n} \circ \gamma\right]\right] \leq \mathcal{D}\left[\operatorname{Re} G \circ \psi-\mathcal{P}\left[g_{n}\right] \circ \psi\right] \\
& \leq K[\psi] \mathcal{D}\left[\operatorname{Re} G-\mathcal{P}\left[g_{n}\right]\right]=2 K[\psi]\left\|\boldsymbol{g}-\boldsymbol{g}_{n}\right\|_{\boldsymbol{H}}^{2} \rightarrow 0 \text { as } n \rightarrow \infty .
\end{aligned}
$$

On the other hand, by the definition of the operator $\boldsymbol{B}_{\gamma}$ and by (1.18), we obtain

$$
\left\|\boldsymbol{B}_{\gamma}\left(\boldsymbol{g}_{n}\right)-\boldsymbol{B}_{\gamma}(\boldsymbol{g})\right\|_{\boldsymbol{H}} \rightarrow 0 \quad \text { as } n \rightarrow \infty .
$$

Combining this with (1.20) we conclude that

$$
\begin{equation*}
B_{\gamma}(g)=h . \tag{1.21}
\end{equation*}
$$

Theorem 1.2 now shows, by (1.19), (1.21), (0.6) and (1.17), that

$$
\begin{align*}
& 2\left\|\boldsymbol{B}_{\gamma}(\boldsymbol{g})\right\|_{H}^{2}=\mathcal{D}[\operatorname{Re} G \circ \psi]-\mathcal{D}\left[\operatorname{Re} G \circ \psi-\mathcal{P}\left[\mathcal{S}_{0} \boldsymbol{B}_{\gamma}(\boldsymbol{g})\right]\right] \\
& \quad=\mathcal{D}[\operatorname{Re} G \circ \psi]-\mathcal{D}\left[\operatorname{Re} G \circ \psi-\mathcal{P}\left[\mathcal{S}_{0}(h)\right]\right]=\mathcal{D}[\operatorname{Re} G \circ \psi]  \tag{1.22}\\
& \quad=\left(\frac{1+k}{1-k}\right)^{2} \mathcal{D}[\operatorname{Re} F]=2\left(\frac{1+k}{1-k}\right)^{2}\|\boldsymbol{f}\|_{H}^{2} .
\end{align*}
$$

Since $G$ is analytic, we see that

$$
G^{\prime} \circ \psi \partial \psi=(1-k)^{-1} F^{\prime} \quad \text { and } \quad G^{\prime} \circ \psi \bar{\partial} \psi=(1-k)^{-1} k \overline{F^{\prime}},
$$

and hence, by (0.6), that

$$
\begin{align*}
& 2 \frac{1+k}{1-k}\|f\|_{H}^{2}=\frac{1+k}{1-k} \int_{\Delta}\left|F^{\prime}\right|^{2} d S \\
& \quad=\frac{1}{(1-k)^{2}} \int_{\Delta}\left|F^{\prime}\right|^{2} d S-\frac{k^{2}}{(1-k)^{2}} \int_{\Delta}\left|\overline{F^{\prime}}\right|^{2} d S  \tag{1.23}\\
& \quad=\int_{\Delta}\left(\left|G^{\prime} \circ \psi \partial \psi\right|^{2}-\left|G^{\prime} \circ \psi \bar{\partial} \psi\right|^{2}\right) d S \\
& \quad=\int_{\Delta}\left|G^{\prime} \circ \psi\right|^{2}\left(|\partial \psi|^{2}-|\bar{\partial} \psi|^{2}\right) d S=\int_{\Delta}\left|G^{\prime}\right|^{2} d S=2\|\boldsymbol{g}\|_{H}^{2} .
\end{align*}
$$

Combining this with (1.8) and (1.22) we obtain

$$
\begin{equation*}
\left\|\boldsymbol{B}_{\gamma}(\boldsymbol{g})\right\|_{\boldsymbol{H}}^{2} \leq K(\gamma)\|\boldsymbol{g}\|_{\boldsymbol{H}}^{2} \leq\left(\frac{1+k}{1-k}\right)^{2}\|\boldsymbol{f}\|_{H}^{2}=\left\|\boldsymbol{B}_{\gamma}(\boldsymbol{g})\right\|_{\boldsymbol{H}}^{2} \tag{1.24}
\end{equation*}
$$

From (1.23) and (1.24) it follows that

$$
\left\|\dot{B}_{\gamma}^{\dot{0}}(\boldsymbol{g})\right\|_{\boldsymbol{H}}^{2}=\boldsymbol{K}(\gamma)\|\boldsymbol{g}\|_{\boldsymbol{H}}^{2}=(1+k)(1-k)^{-1}\|\boldsymbol{g}\|_{\boldsymbol{H}}^{2} .
$$

Replacing now $\boldsymbol{g}$ by $\boldsymbol{g} /\|\boldsymbol{g}\|_{\boldsymbol{H}}$ we obtain (1.16). That $\left\|\boldsymbol{B}_{\gamma}\right\|=\sqrt{\boldsymbol{K}^{\prime}(\gamma)}$ follows from Theorem 1.2 and (1.16), which proves the first part of Theorem 1.3.

Suppose now that $\boldsymbol{g} \in \boldsymbol{H}$ and $k$ satisfy $\|\boldsymbol{g}\|_{\boldsymbol{H}}=1$ and (1.16). Since for any $K \geq 1$ the class $\left\{\varphi \in \mathbb{Q}_{\Delta}(K): \hat{\partial} \varphi=\gamma\right\}$ is compact in the uniform convergence topology on $\Delta$ (cf. e.g. [LV, p. 73]), there exists an extremal $\boldsymbol{h}(\gamma)$-qc. extension $\psi$ of $\gamma$ to $\Delta$. Set $F:=\left(\mathcal{S}_{0} \boldsymbol{B}_{\gamma}(\boldsymbol{g})\right)_{\Delta}$ and $G:=\left(\mathcal{S}_{0}(\boldsymbol{g})\right)_{\Delta}$. Then Theorem 1.2 shows, by (1.1) and (0.6), that

$$
\begin{aligned}
& \mathcal{D}[\operatorname{Re} G \circ \psi-\operatorname{Re} F]=\mathcal{D}[\operatorname{Re} G \circ \psi]-2\left\|\boldsymbol{B}_{\gamma}(\boldsymbol{g})\right\|_{\boldsymbol{H}}^{2} \leq \\
& K[\psi] \mathcal{D}[\operatorname{Re} G]-2 K(\gamma)=2 K(\gamma)\left(\|\boldsymbol{g}\|_{\boldsymbol{H}}^{2}-1\right)=0 .
\end{aligned}
$$

Hence the equality $\operatorname{Re} G \circ \psi=\operatorname{Re} F+c$ holds a.e. on $\Delta$ for some constant $c \in \mathbb{R}$. Differentiating both sides of this equality we get

$$
\begin{equation*}
G^{\prime} \circ \psi \partial \psi+\overline{G^{\prime}} \circ \psi \partial \bar{\psi}=F^{\prime} . \tag{1.25}
\end{equation*}
$$

## Hence,

$$
\begin{align*}
& \left|F^{\prime}\right|^{2}=\left|G^{\prime} \circ \psi\right|^{2}|\partial \psi|^{2}+\left|G^{\prime} \circ \psi\right|^{2}|\partial \bar{\psi}|^{2}+\left(G^{\prime} \circ \psi\right)^{2} \partial \psi \overline{\partial \bar{\psi}}+\left(\overline{G^{\prime}} \circ \psi\right)^{2} \partial \bar{\psi} \overline{\partial \psi}  \tag{1.26}\\
& =\left|G^{\prime} \circ \psi\right|^{2}(|\partial \psi|+|\bar{\partial} \psi|)^{2}-Q=\left|G^{\prime} \circ \psi\right|^{2} \frac{|\partial \psi|+|\bar{\partial} \psi|}{|\partial \psi|-|\bar{\partial} \psi|}\left(|\partial \psi|^{2}-|\bar{\partial} \psi|^{2}\right)-Q
\end{align*}
$$

a.e. on $\Delta$, where $Q:=2\left|G^{\prime} \circ \psi\right|^{2}|\partial \psi||\bar{\partial} \psi|-\left(G^{\prime} \circ \psi\right)^{2} \partial \psi \bar{\partial} \psi-\left(\overline{G^{\prime}} \circ \psi\right)^{2} \bar{\partial} \bar{\psi} \overline{\partial \psi}$
a.e. on $\Delta$. Since $\psi$ is $K(\gamma)$-qc., $(|\partial \psi|+|\bar{\partial} \psi|)(|\partial \psi|-|\bar{\partial} \psi|)^{-1} \leq K(\gamma)$ a.e. on
$\Delta$. Combining this with (1.16) and (1.26) we obtain by (0.6)

$$
\begin{aligned}
2 K(\gamma) & =2\left\|B_{\gamma}(\boldsymbol{g})\right\|_{\boldsymbol{H}}^{2}=\int_{\Delta}\left|F^{\prime}\right|^{2} d S \\
& \leq K(\gamma) \int_{J_{\Delta}}\left|G^{\prime} \circ \psi\right|^{2}\left(|\partial \psi|^{2}-|\bar{\partial} \psi|^{2}\right) d S-\int_{\Delta} Q d S \\
& =K(\gamma) \int_{j_{\Delta}}\left|G^{\prime}\right|^{2} d S-\int_{\Delta} Q d S=2 K(\gamma)\|\boldsymbol{g}\|_{\boldsymbol{H}}^{2}-\int_{\Delta} Q d S \\
& =2 K(\gamma)-\int_{\Delta} Q d S \leq 2 K(\gamma) .
\end{aligned}
$$

The inequality is possible iff the equalities

$$
\left|G^{\prime} \circ \psi\right|^{2}|\partial \psi||\bar{\partial} \psi|=\left(G^{\prime} \circ \psi\right)^{2} \partial \psi \bar{\partial} \psi \quad \text { and } \quad \frac{|\bar{\partial} \psi|}{|\partial \psi|}=k
$$

hold a.e. on $\Delta$. Therefore,

$$
\begin{equation*}
\frac{\bar{\partial} \psi}{\partial \psi}=k \frac{\overline{G^{\prime} \circ \psi \partial \psi}}{G^{\prime} \circ \psi \partial \psi} \quad \text { a.e. on } \Delta \text {. } \tag{1.27}
\end{equation*}
$$

Let $\boldsymbol{f}:=\boldsymbol{B}_{\gamma}(\boldsymbol{g})$. Then $F=\left(\mathcal{S}_{0}(\boldsymbol{f})\right)_{\boldsymbol{\Delta}}$. We conclude from (1.27) and (1.25) that $G^{\prime} \circ \psi \partial \psi=(1+k)^{-1} F^{\prime}$, hence that

$$
\begin{equation*}
\frac{\bar{\partial} \psi}{\partial \psi}=k \overline{\overline{F^{\prime}}} \quad \text { a.e. on } \Delta, \tag{1.28}
\end{equation*}
$$

and finally that (1.15) holds. This ends the proof of the converse statement.
We now prove the uniqueness of the extremal extension $\psi$. Suppose $\widetilde{\psi}$ is another extremal $K^{\prime}(\gamma)$-qc. extension of $\gamma$ to $\Delta$. Then the Beltrami equation (1.28) holds with $\psi$ replaced by $\tilde{\psi}$. Hence $\tilde{\partial}(\tilde{\psi} \circ \tilde{\psi})=0$ a.e. on $\Delta$, and so $\tilde{\psi} \circ \tilde{\psi} \in \mathbb{Q}_{\Delta}(1)$. Since $\hat{\partial} \psi=\hat{\partial} \tilde{\psi}=\gamma$, we see that $\psi=\tilde{\psi}$ on $\Delta$.

Corollary 1.4. If $K \geq 1$ and if $\boldsymbol{g} \in \boldsymbol{H}$ satisfies $\|\boldsymbol{g}\|_{\boldsymbol{H}}=1$, then there exists $\gamma \in \mathbb{Q}_{\mathbf{T}}$ such that

$$
\begin{equation*}
\left\|\boldsymbol{B}_{\gamma}\right\|^{2}=\left\|\boldsymbol{B}_{\gamma}(\boldsymbol{g})\right\|_{\boldsymbol{H}}^{2}=K(\gamma)=K \tag{1.29}
\end{equation*}
$$

Moreover, $\gamma$ admits a unique regular $K(\gamma)$-qc. Teichmüller extension $\psi$ to $\Delta$ with the complex dilatation given by (1.15), where $k:=(K-1) /(K+1)$ and $f:=\boldsymbol{B}_{\gamma}(\boldsymbol{g})$.

Proof. Given $K \geq 1$ and $\boldsymbol{g} \in \boldsymbol{H}$, let $\|\boldsymbol{g}\|_{\boldsymbol{H}}=1$ and let $k$ and $\boldsymbol{f}$ be as above. By the Mapping Theorem [LV, p. 194] (also cf. [B] and [LK, p. 45]), there exists a solution $\psi$ of the Beltrami equation (1.15) being a $K$-qc. selfmapping of $\Delta$. Hence $\gamma:=\hat{\partial} \psi \in \mathbb{Q T}_{\boldsymbol{T}}(K)$. Theorem 1.3 now shows that (1.29) holds and $\gamma$ admits a unique regular $K(\gamma)$-qc. Teichmüller extension $\psi$ to $\Delta$ with the complex dilatation given by (1.15).
2. The smallest eigenvalue of a quasisymmetric automorphism of the unit circle. If $f \in \operatorname{Re} L^{1}(\mathbf{T})$ then, by $(0.3), \operatorname{Im} f_{\Delta}$ is a real-valued harmonic function on $\Delta$. A classical result states that the function $\operatorname{Im} f_{\Delta}$ has a finite non-tangential limit a.e. on T and

$$
\hat{\partial}_{r} \operatorname{Im} f_{\boldsymbol{\Delta}}(z)=\lim _{r \rightarrow 1^{-}} \operatorname{Im} f_{\boldsymbol{\Delta}}(r z)=\frac{1}{\pi} \operatorname{RePV} \int_{\mathbf{T}} \frac{f(u)}{z-u} d u
$$

for a.e. $z \in \mathbf{T}$; cf. e.g. [G, p. 103]. For every $\boldsymbol{f}:=[f / \doteqdot] \in \boldsymbol{H}$, define

$$
\begin{equation*}
\boldsymbol{A}(\boldsymbol{f}):=\left[\hat{\partial}_{r} \operatorname{Im} f_{\Delta} / \doteqdot\right] \tag{2.1}
\end{equation*}
$$

Since $\mathcal{D}[\operatorname{Re} F]=\mathcal{D}[\operatorname{Im} F]$ for $F \in \dot{A}^{2}(\Delta)$, we conclude from (2.1) and the definition of the space $H$ that

$$
\begin{equation*}
\boldsymbol{A}(\boldsymbol{H})=\boldsymbol{H} \quad, \quad \boldsymbol{A}^{2}=-\mathrm{I} \quad \text { and } \quad\|\boldsymbol{A}\|=1 \tag{2.2}
\end{equation*}
$$

and so the operator $\boldsymbol{A}$ maps isometrically $\boldsymbol{H}$ onto itself. Therefore, the operator

$$
\begin{equation*}
A_{\gamma}:=B_{\gamma} A B_{\gamma}^{-1} \tag{2.3}
\end{equation*}
$$

called the generalized harmonic conjugation operator, is a linear homeomorphism of $\boldsymbol{H}$ onto itself; cf. [P2]. We recall that a real number $\lambda$ is said to be an eigenvalue of $\gamma \in \mathbb{Q}_{\mathbf{T}}$ if there exists $\boldsymbol{f} \in \boldsymbol{H}$ with $\|\boldsymbol{f}\|_{\boldsymbol{H}}=1$ such that

$$
\begin{equation*}
(\lambda+1) \boldsymbol{A}(\boldsymbol{f})=(\lambda-1) \boldsymbol{A}_{\gamma}(\boldsymbol{f}) ; \tag{2.4}
\end{equation*}
$$

cf. [P3, Definition 1.1]. For every $\gamma \in \mathbb{Q}_{\mathbf{T}}$ write $\Lambda_{\gamma}^{*}$ for the set of all eigenvalues of $\gamma$ and define

$$
\lambda_{*}(\gamma)=\min \left\{\lambda>0: \lambda \in \Lambda_{\gamma}^{*}\right\}
$$

whenever $\Lambda_{\gamma}^{*} \neq \emptyset$ and the minimum exists, while $\lambda_{*}(\gamma)=\infty$ otherwise. From [P3, Thm. 1.4] it follows that $\lambda_{*}(\gamma)=\infty$ for $\gamma \in \mathbb{Q}_{\mathbf{T}}(1)$, and

$$
\begin{equation*}
\lambda_{*}(\gamma) \geq(K(\gamma)+1) /(K(\gamma)-1) \quad \text { for } \gamma \in \mathbb{Q}_{\mathbf{T}} \backslash \mathbb{Q}_{\mathbf{T}}(1) . \tag{2.5}
\end{equation*}
$$

A sufficient condition on $\gamma$ for the equality in (2.5) to hold, was obtained in [P4, Thm. 2.2]. We use this result to show the following

Theorem 2.1. Let $\gamma \in \mathbb{Q}_{\mathbf{T}} \backslash \mathbb{Q}_{\mathbf{T}}(1)$. Then

$$
\begin{equation*}
\lambda_{m}(\gamma)=(K(\gamma)+1) /(K(\gamma)-1) \tag{2.6}
\end{equation*}
$$

iff there exists $\boldsymbol{g} \in \boldsymbol{H}$ such that $\|\boldsymbol{g}\|_{\boldsymbol{H}}=1$ and that

$$
\begin{equation*}
\left\|B_{\gamma}(g)\right\|_{H}^{2}=K(\gamma) . \tag{2.7}
\end{equation*}
$$

Proof. Assume first that (2.7) holds. Then Theorem 1.3 shows that $\gamma$ admits a regular qc. Teichmüller extension $\psi$ to $\Delta$ with the complex dilatation (1.15), where $\boldsymbol{f}:=\boldsymbol{B}_{\gamma}(\boldsymbol{g})$ and $k:=\left(K^{\prime}(\gamma)-1\right) /\left(K^{\prime}(\gamma)+1\right)$. Therefore (2.6) follows from [P4, Thm. 2.2].

Conversely, assume that (2.6) holds. Then there exists $f \in H$ such that $\|f\|_{\boldsymbol{H}}=1$ and that (2.4) holds with $\lambda$ replaced by $\lambda_{\text {: }}(\gamma)$. Hence, by (2.2) and (2.5) we have

$$
\left(\lambda_{\approx}(\gamma)+1\right)\|\boldsymbol{f}\|_{\boldsymbol{H}}=\left(\lambda_{*}(\gamma)-1\right)\left\|\boldsymbol{A}_{\gamma}(\boldsymbol{f})\right\|_{\boldsymbol{H}}
$$

and consequently, by (2.3) and (2.6),

$$
K(\gamma)=\left\|\boldsymbol{B}_{\gamma} \boldsymbol{A} \boldsymbol{B}_{\gamma}^{-1}(f)\right\|_{H} .
$$

Set $\boldsymbol{g}:=(\sqrt{K(\gamma)})^{-1} A B_{\gamma}^{-1}(f)$. Theorem 1.2, (0.15) and (2.2) now imply that

$$
\begin{aligned}
\|\boldsymbol{g}\|_{\boldsymbol{H}} & \leq(\sqrt{K(\gamma)})^{-1}\|\boldsymbol{A}\|\left\|\boldsymbol{B}_{\gamma}^{-1}\right\|\|\boldsymbol{f}\|_{\boldsymbol{H}}=(\sqrt{K(\gamma)})^{-1}\left\|B_{\bar{\gamma} /}\right\| \\
& \leq(\sqrt{K(\gamma)})^{-1} \sqrt{K(\breve{\gamma})}=1 ;
\end{aligned}
$$

moreover,

$$
\begin{aligned}
K(\gamma) & =\left\|\boldsymbol{B}_{\gamma} \boldsymbol{A} \boldsymbol{B}_{\gamma}^{-1}(\boldsymbol{f})\right\|_{\boldsymbol{H}}=\sqrt{K(\gamma)}\left\|\boldsymbol{B}_{\gamma}(\boldsymbol{g})\right\|_{\boldsymbol{H}} \\
& \leq \sqrt{K(\gamma)}\left\|\boldsymbol{B}_{\gamma}\right\|\|\boldsymbol{g}\|_{\boldsymbol{H}} \leq K(\gamma) .
\end{aligned}
$$

Combining the above inequalities we see, by (0.13), that $\|\boldsymbol{g}\|_{\boldsymbol{H}}=1$ and the equality (2.7) holds.

Corollary 2.2. If $\gamma \in \mathbb{Q}_{\mathbf{T}}$ and if (2.7) holds for some $\boldsymbol{g} \in \boldsymbol{H}$ such that $\|\boldsymbol{g}\|_{\boldsymbol{H}}=1$, then there exists $\boldsymbol{f} \in \boldsymbol{H}$ satisfying

$$
\begin{equation*}
\|\boldsymbol{f}\|_{\boldsymbol{H}}=1 \quad, \quad\left\|\boldsymbol{B}_{\gamma}^{-1}(\boldsymbol{f})\right\|_{\boldsymbol{H}}^{2}=K(\gamma) . \tag{2.8}
\end{equation*}
$$

In particular, $\left\|\boldsymbol{B}_{\gamma}\right\|=\left\|\boldsymbol{B}_{\gamma}^{-1}\right\|=\sqrt{K(\gamma)}$.

Proof. Given $\gamma \in \mathbb{Q}_{\mathbf{T}} \backslash \mathbb{Q}_{\mathbf{T}}(1)$ assume (2.7) holds for some $\boldsymbol{g} \in \boldsymbol{H}$ such that $\|\boldsymbol{g}\|_{\boldsymbol{H}}=1$. Therefore (2.6) holds by Theorem 2.1. From [P3, Thm. 1.4 (v)] it follows that $\Lambda_{\gamma}^{*}=\Lambda_{\dot{\gamma}}^{*}$, and hence

$$
\lambda_{*}(\gamma)=\min \left\{\lambda>0: \lambda \in \Lambda_{\gamma}^{*}\right\}=\min \left\{\lambda>0: \lambda \in \Lambda_{\dot{\gamma}}^{*}\right\}=\lambda_{*}(\check{\gamma}) .
$$

Combining this with (2.6) we obtain

$$
\lambda_{*}(\check{\gamma})=\lambda_{*}(\gamma)=(K(\gamma)+1) /(K(\gamma)-1)=(K(\dot{\gamma})+1) /(K(\check{\gamma})-1) .
$$

Applying Theorem 2.1 again, with $\gamma$ replaced by $\ddot{\gamma}$, we see, by ( 0.15 ), that there exists $\boldsymbol{f} \in \boldsymbol{H}$ satisfying (2.8). Moreover, combining (2.7) and (2.8) with ( 0.13 ) we have

$$
\begin{aligned}
& \sqrt{K(\gamma)}=\left\|\boldsymbol{B}_{\gamma}(\boldsymbol{g})\right\|_{\boldsymbol{H}} \leq\left\|\boldsymbol{B}_{\gamma}\right\| \leq \sqrt{K(\gamma)}, \\
& \sqrt{K(\grave{\gamma})}=\left\|\boldsymbol{B}_{\dot{\gamma}}(\boldsymbol{f})\right\|_{\boldsymbol{H}} \leq\left\|\boldsymbol{B}_{\dot{\gamma}}\right\| \leq \sqrt{K(\dot{\gamma})},
\end{aligned}
$$

and hence $\left\|\boldsymbol{B}_{\gamma}\right\|=\sqrt{K_{\mathcal{K}}(\gamma)}=\sqrt{K(\dot{\gamma})}=\left\|\boldsymbol{B}_{\bar{\gamma}}\right\|=\left\|\boldsymbol{B}_{\gamma}^{-1}\right\|$ as claimed.
If $\gamma \in \mathbb{Q}_{\mathbf{T}}(1)$ then, by $(0.13)$ and (0.15), we obtain $\left\|\boldsymbol{B}_{\gamma}\right\| \leq \sqrt{K(\gamma)}=1$ and $\left\|\boldsymbol{B}_{\gamma}^{-1}\right\|=\left\|\boldsymbol{B}_{\dot{\gamma}}\right\| \leq \sqrt{\boldsymbol{K}(\bar{\gamma})}=1$. Hence the operators $\boldsymbol{B}_{\gamma}$ and $\boldsymbol{B}_{\gamma}^{-1}$ are isometries of $\boldsymbol{H}$ onto itself, and the corollary follows.
3. The Schober constant $\lambda_{s}(\Gamma)$. Given a Jordan curve $\Gamma \subset \mathbb{C}$ write $H(\Gamma)$ for the family of all real-valued functions $F$ continuous on $\hat{\mathbb{C}}$ and harmonic on $\Omega \cup \Omega_{*}=\hat{\mathbb{C}} \backslash \Gamma$ which satisfy $0<\mathcal{D}_{\Omega}[F]+\mathcal{D}_{\Omega_{0}}[F]<\infty$, where $\Omega$ and $\Omega * \ni \infty$ are complementary domains to $\Gamma$. Define

$$
\frac{1}{\lambda_{s}(\Gamma)}:=\sup \left\{\frac{\left|\mathcal{D}_{\Omega}[F]-\mathcal{D}_{\Omega_{s}}[F]\right|}{\mathcal{D}_{\Omega}[F]+\mathcal{D}_{\Omega_{e}}[F]}: F \in H(\Gamma)\right\}
$$

provided the supremum is a positive number, while $\lambda_{s}(\Gamma)=\infty$ otherwise. For a short survey of basic properties of the curve functional $\lambda_{s}(\Gamma)$ we refer the reader to the Schober article [S]; also see the references given there. Let $\Phi$ and $\Phi_{*}$ denote conformal mappings of $\Delta$ and $\widehat{\mathbb{C}} \backslash \bar{\Delta}$ onto the domains $\Omega$ and $\Omega_{*}$, respectively. Such mappings exist by the Riemann mapping theorem; cf. for instance [ $\mathrm{R}, \mathrm{Thm}$. 14.8]. Moreover, by the Taylor-OsgoodCarathéodory theorem both the mappings $\Phi$ and $\Phi_{\text {* }}$ have homeomorphic extensions to the closures $\bar{\Omega}$ and $\bar{\Omega}_{*}$, respectively; cf. for instance $[R$, Thm. 14.19]. Then $\gamma:=\partial \hat{\partial} \dot{\Phi}_{*} \circ \hat{\partial} \Phi$ is a sense-preserving homeomorphic self-mapping of $\mathbf{T}$. We recall that every homeomorphism $\gamma$ assigned to $\Gamma$ in this way is said to be a welding homeomorphism of $\Gamma \subset \mathbb{C}$. The class of all welding homeomorphisms of $\Gamma$ will be denoted by Weld $(\Gamma)$. For $z \in \mathbb{C} \backslash\{0\}$ set $\hbar(z):=1 / z$, and let $\hbar(0):=\infty, \hbar(\infty):=0$. If a Jordan curve $\Gamma \subset \mathbb{C}$ admits a $K$-qc. reflection $\Psi$ then $\psi:=\bar{\hbar} \circ \dot{\Phi} \circ \circ \Psi \circ \Phi$ is a $K$-qc. extension of $\gamma:=\hat{\partial} \dot{\Phi}_{=} \circ \partial \hat{\partial} \Phi$ to $\Delta$. Conversely, if $\psi$ is a $K$-qc. extension of $\gamma$ to $\Delta$ then $\Psi$,

$$
\Psi(z):= \begin{cases}\Phi * \circ \bar{\hbar} \circ \psi \circ \dot{\Phi}(z) & , z \in \bar{\Omega},  \tag{3.1}\\ \dot{\Psi}(z) & , z \in \Omega_{*},\end{cases}
$$

is a $K$-qc. reflection in $\Gamma$. Thus for every $K \geq 1$,
a Jordan curve $\Gamma \subset \mathbb{C}$ admits a $K$-qc. reflection iff Weld $(\Gamma) \subset \mathbb{Q}_{\mathbf{T}}\left(K^{*}\right)$.

Lemma 3.1. For every quasicircle $\Gamma \subset \mathbb{C}$ the following equality holds

$$
\begin{equation*}
\frac{1}{\lambda_{s}(\Gamma)}=\frac{\left(\max \left\{\left\|\boldsymbol{B}_{\gamma}\right\|,\left\|\boldsymbol{B}_{\gamma}^{-1}\right\|\right\}\right)^{2}-1}{\left(\max \left\{\left\|\boldsymbol{B}_{\gamma}\right\|,\left\|\boldsymbol{B}_{\gamma}^{-1}\right\|\right\}\right)^{2}+1} \tag{3.3}
\end{equation*}
$$

where $\gamma \in \operatorname{Weld}(\Gamma)$.

Proof. Given a quasicircle $\Gamma \subset \mathbb{C}$ let $F \in H(\Gamma)$. Define $G:=F \circ \Phi$ and $G_{*}:=F \circ \Phi_{*} \circ \bar{\hbar}$. By the conformal invariance of the Dirichlet integral we have

$$
\begin{equation*}
\mathcal{D}[G]=\mathcal{D}_{\Omega}[F] \quad \text { and } \quad \mathcal{D}\left[G_{\star}\right]=\mathcal{D}_{\Omega_{\bullet}}[F] \tag{3.4}
\end{equation*}
$$

and consequently, by $(0.10), \boldsymbol{g}:=[g / \doteqdot], g_{*}:=\left[g_{*} / \doteqdot\right] \in \boldsymbol{H}$, where $g:=\hat{\partial} G$ and $g_{*}:=\partial G_{m}$. Since both the functions $g$ and $g_{*}$ are continuous on T and $g=g_{m} \circ \gamma$, we conclude from (0.12) that

$$
\begin{equation*}
\boldsymbol{g}=B_{\gamma}\left(\boldsymbol{g}_{*}\right) \quad \text { and } \quad \boldsymbol{g}_{*}=B_{\gamma}^{-1}(\boldsymbol{g}) \tag{3.5}
\end{equation*}
$$

From (3.4), (3.5) and (0.6) it follows that

$$
\begin{aligned}
\frac{\mathcal{D}_{\Omega}[F]-\mathcal{D}_{\Omega_{-}}[F]}{\mathcal{D}_{\Omega}[F]+\mathcal{D}_{\Omega_{-}}[F]} & =\frac{\mathcal{D}[G]-\mathcal{D}\left[G_{*}\right]}{\mathcal{D}[G]+\mathcal{D}\left[G_{-}\right]}=\frac{\|\boldsymbol{g}\|_{H}^{2}-\left\|\boldsymbol{g}_{*}\right\|_{H}^{2}}{\left\|\boldsymbol{g}_{H}^{2}\right\|_{H}^{2}+\left\|\boldsymbol{g}_{*}\right\|_{H}^{2}} \\
& =\frac{\left\|B_{\gamma}\left(\boldsymbol{g}_{*}\right)\right\|_{H}^{2}-\left\|\boldsymbol{g}_{*}\right\|_{H}^{2}}{\left\|B_{\gamma}\left(\boldsymbol{g}_{*}\right)\right\|_{H}^{2}+\left\|\boldsymbol{g}_{*}\right\|_{H}^{2}} \leq \frac{\left\|\boldsymbol{B}_{\gamma}\right\|^{2}-1}{\left\|\boldsymbol{B}_{\gamma}\right\|^{2}+1}
\end{aligned}
$$

and similarly

$$
\frac{\mathcal{D}_{\Omega_{\Omega}}[F]-\mathcal{D}_{\Omega}[F]}{\mathcal{D}_{\Omega}[F]+\mathcal{D}_{\Omega_{\Omega}}[F]}=\frac{\left\|B_{\gamma}^{-1}(g)\right\|_{H}^{2}-\|g\|_{H}^{2}}{\left\|B_{\gamma}^{-1}(g)\right\|_{H}^{2}+\|g\|_{H}^{2}} \leq \frac{\left\|B_{\gamma}^{-1}\right\|^{2}-1}{\left\|B_{\gamma}^{-1}\right\|^{2}+1} .
$$

Combining the above inequalities we obtain

$$
\frac{\left|\mathcal{D}_{\Omega}[F]-\mathcal{D}_{\Omega_{-}}[F]\right|}{\mathcal{D}_{\Omega}[F]+\mathcal{D}_{\Omega_{-}}[F]} \leq \frac{\left(\max \left\{\left\|\boldsymbol{B}_{\gamma}\right\|,\left\|\boldsymbol{B}_{\gamma}^{-1}\right\|\right\}\right)^{2}-1}{\left(\max \left\{\left\|\boldsymbol{B}_{\gamma}\right\|,\left\|\boldsymbol{B}_{\gamma}^{-1}\right\|\right\}\right)^{2}+1}
$$

and consequently

$$
\begin{equation*}
\frac{1}{\lambda_{s}(\Gamma)} \leq \frac{\left(\max \left\{\left\|\boldsymbol{B}_{\gamma}\right\|,\left\|\boldsymbol{B}_{\gamma}^{-1}\right\|\right\}\right)^{2}-1}{\left(\max \left\{\left\|\boldsymbol{B}_{\gamma}\right\|,\left\|\boldsymbol{B}_{\gamma}^{-1}\right\|\right\}\right)^{2}+1} \tag{3.6}
\end{equation*}
$$

It remains to show the inverse inequality of (3.6). Fix $g_{*} \in \operatorname{Re} \mathbb{P}(\mathbf{T})$ and let $g:=g . \circ \gamma$. For $z \in \hat{\mathbb{C}}$ define $F(z):=\mathcal{P}[g] \circ \dot{\Phi}(z)$ if $z \in \Omega, F(z):=$ $\mathcal{P}\left[g_{*}\right] \circ \bar{\hbar} \circ \dot{\Phi}_{*}(z)$ if $z \in \Omega_{*}$ and $F(z):=\hat{\partial}(\mathcal{P}[g] \circ \Phi(z))$ if $z \in \Gamma$. Since both the functions $g$ and $g_{*}$ are continuous on T , we see that for every $z \in \Gamma$
$\hat{\partial}(\mathcal{P}[g] \circ \dot{\Phi})(z)=g \circ \hat{\partial} \dot{\Phi}(z)=g_{*} \circ \gamma \circ \hat{\partial} \dot{\Phi}(z)=g_{*} \circ \hat{\partial} \dot{\Phi}_{*}(z)=\hat{\partial}\left(\mathcal{P}\left[g_{*}\right] \circ \bar{\hbar} \circ \check{\Phi}_{*}\right)(z)$.
Therefore the function $F$ is continuous on $\hat{\mathbb{C}}$.
We can assume that $\left\|\boldsymbol{g}_{*}\right\|_{\boldsymbol{H}}=1$, where $\boldsymbol{g}_{*}:=\left[g_{*} / \doteqdot\right] \in \boldsymbol{H}$. By (0.12), $g \doteqdot \mathcal{S}_{0} \boldsymbol{B}_{\gamma}\left(\boldsymbol{g}_{*}\right)$. The conformal invariance of the Dirichlet integral now shows, by (0.6), that

$$
\mathcal{D}_{\Omega}[F]=\mathcal{D}[\mathcal{P}[g]]=2\left\|\boldsymbol{B}_{\gamma}\left(\boldsymbol{g}_{*}\right)\right\|_{\boldsymbol{H}}^{2}<\infty
$$

and

$$
\mathcal{D}_{\Omega_{-}}[F]=\mathcal{D}\left[\mathcal{P}\left[g_{*}\right]\right]=2\left\|g_{*}\right\|_{H}^{2}=2
$$

Hence $F \in H(\Gamma)$ and

$$
\begin{equation*}
\frac{\left\|B_{\gamma}\left(\boldsymbol{g}_{*}\right)\right\|_{H}^{2}-1}{\left\|B_{\gamma}\left(\boldsymbol{g}_{*}\right)\right\|_{H}^{2}+1} \leq \frac{\left|\mathcal{D}_{\Omega}[F]-\mathcal{D}_{\Omega_{-}}[F]\right|}{\mathcal{D}_{\Omega}[F]+\mathcal{D}_{\Omega_{-}}[F]} \leq \frac{1}{\lambda_{s}(\Gamma)} \tag{3.7}
\end{equation*}
$$

$\operatorname{By}(0.9),\left\|\boldsymbol{B}_{\gamma}\right\|=\sup \left\{\left\|B_{\gamma}(\boldsymbol{f})\right\|_{\boldsymbol{H}}: \mathcal{S}_{0}(\boldsymbol{f}) \in \operatorname{Re} \mathbb{P}(\mathbf{T})\right.$ and $\left.\|\boldsymbol{f}\|_{\boldsymbol{H}}=1\right\}$. Then (3.7) leads to

$$
\frac{\left\|B_{\gamma}\right\|^{2}-1}{\left\|B_{\gamma}\right\|^{2}+1} \leq \frac{1}{\lambda_{s}(\Gamma)} .
$$

The same conclusion can be drawn for the inverse operator $B_{\gamma}^{-1}$, and so

$$
\frac{\left(\max \left\{\left\|\boldsymbol{B}_{\gamma}\right\|,\left\|\boldsymbol{B}_{\gamma}^{-1}\right\|\right\}\right)^{2}-1}{\left(\max \left\{\left\|\boldsymbol{B}_{\gamma}\right\|,\left\|\boldsymbol{B}_{\gamma}^{-1}\right\|\right\}\right)^{2}+1} \leq \frac{1}{\lambda_{s}(\Gamma)} .
$$

Combining this with (3.6) we obtain (3.3).
Assume $\Gamma \subset \mathbb{C}$ is a quasicircle. By (3.2) we see that $\Psi$ is an extremal $K$-qc. reflection in $\Gamma$ iff $\psi:=\bar{\hbar} \circ \dot{\Phi}_{*} \circ \Psi \circ \Phi$ is an extremal $K$-qc. extension of $\gamma$ to $\Delta, K \geq 1$. Moreover, the complex dilatations of $\psi$ and $\Psi$ are related by the equality

$$
\begin{equation*}
\frac{\bar{\partial} \psi}{\partial \psi}=\overline{\left[\frac{(\partial \Psi \circ \Phi) \Phi^{\prime}}{(\bar{\partial} \Psi \circ \Phi)} \overline{\Phi^{\prime}}\right]} \text { a.e. on } \Delta . \tag{3.8}
\end{equation*}
$$

This observation is the key for the proof of the following
Theorem 3.2. Given $K>1$ suppose that $\Gamma \subset \mathbb{C}$ admits a regular $K-q c$. reflection $\Psi$ with the complex dilatation

$$
\begin{equation*}
\frac{\bar{\partial} \Psi}{\partial \Psi}=\frac{K+1}{K-1} \frac{\overline{G^{\prime}}}{G^{\prime}} \quad \text { a.e. on } \Omega \tag{3.9}
\end{equation*}
$$

where $G \in \dot{A}^{2}(\Omega)$ is a non-constant function. Then for each $\gamma \in \operatorname{Weld}(\Gamma)$

$$
\begin{equation*}
\lambda_{s}(\Gamma)=\frac{K+1}{K-1}=\frac{\left\|\boldsymbol{B}_{\gamma}\right\|^{2}+1}{\left\|\boldsymbol{B}_{\gamma}\right\|^{2}-1} \tag{3.10}
\end{equation*}
$$

and $\Psi$ is a unique extremal $K$-qc. reflection in $\Gamma$.
Proof. Given a non-constant function $G \in \dot{A}^{2}(\Omega)$, let $F:=G \circ \Phi-G \circ \Phi(0)$. Then $F \in \dot{A}(\Delta), \mathcal{D}[F]>0$ and $F^{\prime}=\left(G^{\prime} \circ \Phi\right) \Phi^{\prime}$. By (3.8) and (3.9) we have

$$
\begin{equation*}
\frac{\bar{\partial} \psi}{\partial \psi}=\frac{\overline{(\partial \Psi \circ \Phi)} \overline{\Phi^{\prime}}}{\overline{\left(\overline{\partial \Psi \circ \Phi)} \Phi^{\prime}\right.}}=\frac{K-1}{K+1} \frac{\overline{\left(G^{\prime} \circ \Phi\right)}}{G^{\prime} \circ \Phi} \frac{\overline{\Phi^{\prime}}}{\Phi^{\prime}}=\frac{K-1}{K+1} \frac{\overline{F^{\prime}}}{\overline{F^{\prime}}} \quad \text { a.e. on } \Delta . \tag{3.11}
\end{equation*}
$$

By $(0.10), \boldsymbol{f}:=\left[\hat{\partial}_{r} \operatorname{Re} F / \doteqdot\right] \in \boldsymbol{H}$ and $F=\mathcal{S}_{0}(\boldsymbol{f})_{\Delta}$.
By (0.11), $4\|f\|_{H}^{2}=\mathcal{D}[F]>0$. Theorem 1.3 now yields (1.29) for some $\boldsymbol{g} \in \boldsymbol{H}$ satisfying $\|\boldsymbol{g}\|_{\boldsymbol{H}}=1$. Therefore $\left\|B_{\gamma}\right\|=\left\|B_{\gamma}^{-1}\right\|$ by Corollary 2.2. Hence (3.10) follows from (1.29) and Lemma 3.1. Moreover, from Theorem 1.3 and (3.11) we conclude that $\psi$ is a unique extremal $K$-qc. extension of $\gamma$ to $\Delta$, and hence that $\Psi$ is a unique extremal $K^{-}$-qc. reflection in $\Gamma$.

Corollary 3.3. For every $K>1$ and every non-constant function $G \in$ $\dot{A}^{2}(\Omega)$ there exists a quasicircle $\Gamma \subset \mathbb{C}$ which admits a unique extremal $K$-qc. reflection $\Psi$ with the complex dilatation given by (3.9), and for each $\gamma \in \operatorname{Weld}(\Gamma)$ the equality (3.10) holds.

Proof. Fix a non-constant function $G \in \dot{A}^{2}(\Omega)$. Then the function $F:=$ $G \circ \Phi-G \circ \Phi(0) \in \dot{A}(\Delta)$ is also non-constant. Following the proof of Corollary 1.4 we see that there exists $\gamma \in \mathbb{Q}_{\mathbf{T}}$ which admits a unique regular $K^{\prime}(\gamma)$-qc. Teichmüller extension $\psi$ to $\Delta$ with the complex dilatation given by (3.11), where $K:=K(\gamma)$. It can be shown that $\gamma$ is a welding homeomorphism of some quasicircle $\Gamma \subset \mathbb{C}$; cf. e.g. [P1] or [V]. Then the mapping $\Psi$, given by (3.1), is a unique extremal $K$-qc. reflection and, by (3.8), its complex dilatation satisfies the equation (3.9). Then Theorem 3.2 shows that (3.10) holds for each $\gamma \in \operatorname{Weld}(\Gamma)$.

Theorem 3.4. Given $K>1$ suppose that $\Gamma \subset \mathbb{C}$ admits a regular $K$-qc. reflection $\Psi$. If

$$
\begin{equation*}
\lambda_{s}(\Gamma)=\frac{K+1}{K-1} \tag{3.12}
\end{equation*}
$$

and if there exists a sequence $G_{n} \in H(\Gamma), \mathcal{D}_{\Omega}\left[G_{n}\right]=1, n \in \mathbf{N}$, such that

$$
\begin{equation*}
\frac{1}{\lambda_{s}(\Gamma)}=\lim _{n \rightarrow \infty} \frac{\left|\mathcal{D}_{\Omega}\left[G_{n}\right]-\mathcal{D}_{\Omega_{-}}\left[G_{n}\right]\right|}{\mathcal{D}_{\Omega}\left[G_{n}\right]+\mathcal{D}_{\Omega_{-}}\left[G_{n}\right]} \tag{3.13}
\end{equation*}
$$

and that

$$
\begin{equation*}
\mathcal{D}_{\Omega}\left[G_{n}-G_{m}\right] \rightarrow 0 \quad \text { as } n, m \rightarrow \infty, \tag{3.14}
\end{equation*}
$$

then the equation (3.9) holds for some non-constant function $G \in \dot{A}^{2}(\Omega)$ and the equation (3.10) holds. In particular, $\Psi$ is a unique extremal $K$-qc. reflection in $\Gamma$.

Proof. Let $\gamma:=\hat{\partial} \check{\Phi}_{.} \circ \hat{\partial} \Phi \in \operatorname{Weld}(\Gamma)$. For every $n \in \mathbf{N}$, set $F_{n}:=G_{n} \circ \Phi$, $F_{n, *}:=G_{n} \circ \Phi . \circ \bar{\hbar}$ and $f_{n}:=\hat{\partial} F_{n}$. By the conformal invariance of the Dirichlet integral we have
(3.15) $\mathcal{D}\left[F_{n}\right]=\mathcal{D}_{\Omega}\left[G_{n}\right]=1<\infty$ and $\mathcal{D}\left[F_{n, *}\right]=\mathcal{D}_{\Omega .}\left[G_{n}\right]<\infty, n \in \mathbb{N}$.

Then for each $n \in \mathrm{~N}, F_{n} \in \dot{H}^{2}(\boldsymbol{\Delta})$, and consequently, by (0.10) and (0.11), we see that $f_{n}:=\left[f_{n} \mid \doteqdot\right] \in H$ and $2\left\|\boldsymbol{f}_{n}\right\|_{\boldsymbol{H}}^{2}=\mathcal{D}\left[F_{n}\right]=1$. Since each $f_{n} \in C(\mathbf{T})$ and $\hat{\partial} F_{n}=\hat{\partial} F_{n, *} \circ \gamma$, we conclude from (0.12) and (0.6) that

$$
\begin{equation*}
2\left\|B_{\gamma}^{-1}\left(f_{n}\right)\right\|_{\boldsymbol{H}}^{2}=\mathcal{D}\left[F_{n,-}\right], \quad n \in \mathbf{N} \tag{3.16}
\end{equation*}
$$

Applying the conformal invariance of the Dirichlet integral once again we see, by (3.14) and (0.6), that

$$
2\left\|\boldsymbol{f}_{n}-\boldsymbol{f}_{m}\right\|_{\boldsymbol{H}}^{2}=\mathcal{D}\left[F_{n}-F_{m}\right]=\mathcal{D}_{\Omega}\left[G_{n}-G_{m}\right] \rightarrow 0 \quad \text { as } n, m \rightarrow \infty .
$$

Therefore there exists $\boldsymbol{f} \in \boldsymbol{H}$ such that $\left\|\boldsymbol{f}-\boldsymbol{f}_{n}\right\|_{\boldsymbol{H}} \rightarrow 0$ as $n \rightarrow \infty$, and hence $\|f\|_{\boldsymbol{H}}>0$. By this, (3.13), (3.15), (3.16) and by the continuity of the operator $\boldsymbol{B}_{\gamma}^{-1}$ we obtain

$$
\begin{aligned}
\frac{1}{\lambda_{s}(\Gamma)} & =\lim _{n \rightarrow \infty} \frac{\left|\mathcal{D}_{\Omega}\left[G_{n}\right]-\mathcal{D}_{\Omega_{0}}\left[G_{n}\right]\right|}{\mathcal{D}_{\Omega}\left[G_{n}\right]+\mathcal{D}_{\Omega .}\left[G_{n}\right]}=\lim _{n \rightarrow \infty} \frac{\left|\mathcal{D}\left[F_{n}\right]-\mathcal{D}\left[F_{n,-}\right]\right|}{\mathcal{D}\left[F_{n}\right]+\mathcal{D}\left[F_{n, \boldsymbol{z}}\right]} \\
& =\lim _{n \rightarrow \infty} \frac{\left|\left\|B_{\gamma}^{-1}\left(f_{n}\right)\right\|_{\boldsymbol{H}}^{2}-\left\|\boldsymbol{f}_{n}\right\|_{\boldsymbol{H}}^{2}\right|}{\left\|B_{\gamma}^{-1}\left(\boldsymbol{f}_{n}\right)\right\|_{\boldsymbol{H}}^{2}+\left\|\boldsymbol{f}_{n}\right\|_{\boldsymbol{H}}^{2}}=\frac{\left|\left\|B_{\gamma}^{-1}(\boldsymbol{f})\right\|_{\boldsymbol{H}}^{2}-\|\boldsymbol{f}\|_{\boldsymbol{H}}^{2}\right|}{\left\|B_{\gamma}^{-1}(\boldsymbol{f})\right\|_{\boldsymbol{H}}^{2}+\|\boldsymbol{f}\|_{\boldsymbol{H}}^{2}} .
\end{aligned}
$$

Hence by (3.12) we have

$$
\left\|B_{\gamma}^{-1}(f)\right\|_{H}^{2}=K\|f\|_{H}^{2} \quad \text { or } \quad\left\|B_{\gamma}^{-1}(f)\right\|_{H}^{2}=K^{-1}\|f\|_{H}^{2},
$$

and consequently

$$
\begin{equation*}
\left\|B_{\gamma}^{-1}(f)\right\|_{H}^{2}=K\|f\|_{H}^{2} \quad \text { or } \quad\left\|B_{\gamma}(g)\right\|_{H}^{2}=K\|g\|_{H}^{2}, \tag{3.17}
\end{equation*}
$$

where $\boldsymbol{g}:=B_{\gamma}^{-1}(\boldsymbol{f})$. Set $k:=(K-1)(K+1)^{-1}$. Suppose the second equality in (3.17) holds. Then $K(\gamma)=K$ by Theorem 1.2 and (3.2). Theorem 1.3 now shows that $\gamma$ admits a regular qc. Teichmüller extension $\psi$ to $\Delta$ with the complex dilatation (1.15) and $\psi$ is uniquely extremal. Then the mapping $\Psi$, as given by (3.1), is a unique extremal $K$-qc. reflection and, by (3.8), its complex dilatation satisfies (3.9) with a non-constant function $G:=\mathcal{S}_{0}(\boldsymbol{f})_{\Delta} \circ \dot{\Phi} \in \dot{A}^{2}(\Omega)$. If the first equality in (3.17) holds, then by Corollary 2.2, the second equality in (3.17) holds for some $\boldsymbol{g} \in \boldsymbol{H},\|\boldsymbol{g}\|>0$, and the rest of the proof runs as before.

## 4. Complementary remarks.

Remark 4.1. Theorem 1.3 states additionally that if $\gamma \in \mathbb{Q}_{\mathbf{T}}$ admits a regular qc. Teichmüller extension $\psi$ of to $\Delta$ with the complex dilatation (1.14), then $\psi$ is uniquely extremal, provided $F$ is a square of an analytic
function which is square integrable on $\Delta$. In this way we have proved, by the way, a special case of Strebel's theorem; cf. [St1], [St2] and [LK, p. 153-154].

From Theorems 1.3 and 2.1 we obtain
Remark 4.2. Under the assumptions in the first part of Theorem 1.3 the following equality holds

$$
\begin{equation*}
\lambda_{*}(\gamma)=\frac{\left\|\boldsymbol{B}_{\gamma}\right\|^{2}+1}{\left\|\boldsymbol{B}_{\gamma}\right\|^{2}-1} . \tag{4.1}
\end{equation*}
$$

From Remark 4.2 we get
Remark 4.3. Theorem 3.2 and Corollary 3.3 hold with the equality (3.10) replaced by

$$
\begin{equation*}
\lambda_{s}(\Gamma)=\lambda_{s}(\gamma)=\frac{K+1}{K-1} . \tag{4.2}
\end{equation*}
$$

Every analytic Jordan curve $\Gamma \subset \mathbb{C}$ is a quasicircle, which is clear e.g. from [LV, p. 97].

This can be also deduced from the inclusion $\operatorname{Weld}(\Gamma) \subset \mathbb{A}_{\mathbf{T}} \subset \mathbb{Q}_{\mathbf{T}}$ and (3.2).

Combining Kühnau's result [Kü1, Satz 5] with Theorem 3.2 yields
Remark 4.4. In case $\Gamma$ is an analytic Jordan curve Theorem 3.2 is reduced to Kühnau's result [Kü2, p. 302].

The idea of using welding homeomorphisms in the study of topics covered by Section 3 appears in [Kü3], too.

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